

Mechanical diffraction reveals the role of passive dynamics in a slithering snake

Perrin E. Schiebel^a, Jennifer M. Rieser^a, Alex M. Hubbard^a, Lillian Chen^a, D. Zeb Rocklin^a, and Daniel I. Goldman^{a,1}

^aSchool of Physics, Georgia Institute of Technology, Atlanta, GA 30332

Edited by L. Mahadevan, Harvard University, Cambridge, MA, and accepted by Editorial Board Member Herbert Levine December 19, 2018 (received for review May 21, 2018)

Limbless animals like snakes inhabit most terrestrial environments, generating thrust to overcome drag on the elongate body via contacts with heterogeneities. The complex body postures of some snakes and the unknown physics of most terrestrial materials frustrates understanding of strategies for effective locomotion. As a result, little is known about how limbless animals contend with unplanned obstacle contacts. We studied a desert snake, *Chionactis occipitalis*, which uses a stereotyped head-to-tail traveling wave to move quickly on homogeneous sand. In laboratory experiments, we challenged snakes to move across a uniform substrate and through a regular array of force-sensitive posts. The snakes were reoriented by the array in a manner reminiscent of the matter-wave diffraction of subatomic particles. Force patterns indicated the animals did not change their self-deformation pattern to avoid or grab the posts. A model using open-loop control incorporating previously described snake muscle activation patterns and body-buckling dynamics reproduced the observed patterns, suggesting a similar control strategy may be used by the animals. Our results reveal how passive dynamics can benefit limbless locomotors by allowing robust transit in heterogeneous environments with minimal sensing.

snake | locomotion | neuromechanics | biomechanics | collisions

Disentangling the roles of environmental mechanics, physiology, and neurology to discover principles of movement in natural environments requires integrating insights from disciplines including neurobiology, biomechanics, control theory, and soft-matter physics (1–4). While progress in such integration has been made in locomotion in homogeneous environments [open fluids, flat hard ground, and dry sand (4–6)], understanding movement in heterogeneous terrain remains a frontier in locomotion studies (7–9). This is in part because interactions in these environments can change discontinuously and unexpectedly, making it unclear how biological control schemes and bodyplans accommodate unplanned collisions.

In organismal neuromechanics (10), locomotion control is classified on a spectrum between a closed and open loop (11), each dealing with heterogeneities in different ways. We will consider these defined as the relationship between information about the surrounding terrain and consequent determination of the self-deformation pattern. During the former (typically associated with careful, deliberate movements) the animal uses sensory input to collect information about the terrain and self-deforms in response to novel interactions (12, 13). In contrast, rapidly moving animals (9, 14) can rely on the passive dynamics of mechanical structures to rapidly reject unexpected perturbations without additional input from the nervous system.

While the strategies used by limbed animals to contend with collisions have been carefully studied (9, 14), little is known about how body-undulating organisms like nematode worms, eels, and snakes handle unplanned interactions (e.g., turbulence or obstacles) (7, 15, 16). Understanding movement strategies in heterogeneous environments is particularly difficult in terrestrial animals like snakes, which often rely on complex terrain heterogeneities to propel themselves. The only gait shared by all limbless, elon-

gate vertebrates is lateral undulation (17). This is the commonly seen slithering motion in which primarily planar curves of the trunk press against heterogeneities—whether discrete obstacles (16), those created and subsequently used by the body bends such as piles of sand (18), or frictional anisotropy introduced by the structure of the integument (19)—to generate propulsion.

Coordinating interaction between the many degree-of-freedom trunk and complex terrain is a nontrivial task as evidenced by the failure of snakes challenged to move in a novel terrain (20). It is unclear how limbless organisms contend with unexpected collisions and whether passive mechanics could facilitate robust transit as in limbed systems. Previous studies of generalist snakes (those with a diverse geographical range encompassing a variety of habitats) found that the waveform was related to the density of heterogeneities (21), and subtle, local deformation was precipitated to use obstacles (16). These complex shapes confound understanding of the relationship between terrain, shape change, and performance.

Here, we take a first step to understanding the neuromechanics of laterally undulating snakes in heterogeneous environments

Significance

Snakes inhabit environments composed of heterogeneous materials, controlling their body-terrain interactions to generate propulsion. Such complexity makes it challenging to understand the interplay of body mechanics and neural control during obstacle collisions. To simplify, we studied a desert-dwelling snake with a stereotyped waveform moving in a laboratory heterogeneous terrain, an array of posts embedded in a sand-mimic substrate. Compilation of hundreds of trials revealed multi-peaked “scattering” patterns, reminiscent of diffraction of subatomic particles. A model incorporating muscle activation patterns and body buckling recovered the mechanical diffraction pattern, indicating passive dynamics facilitates obstacle negotiation without additional neural input. Our study demonstrates the importance of mechanics in snake locomotion as well as the rich dynamics in collisions of self-propelled systems.

Author contributions: P.E.S., J.M.R., A.M.H., and D.I.G. designed research; P.E.S., A.M.H., L.C., and D.Z.R. performed research; D.Z.R. contributed new analytic tools; P.E.S., J.M.R., A.M.H., and L.C. analyzed data; and P.E.S., J.M.R., A.M.H., D.Z.R., and D.I.G. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission. L.M. is a guest editor invited by the Editorial Board.

This open access article is distributed under [Creative Commons Attribution-NonCommercial-NoDerivatives License 4.0 \(CC BY-NC-ND\)](#).

Data deposition: Tracked data have been deposited in SMARTech (hdl.handle.net/1853/60847). Analysis code has been deposited in GitHub (<https://github.com/PerrinESchiebel/SnakeScattering>). Buckling and undulating model code has been deposited in GitHub (<https://github.com/PerrinESchiebel/MatlabSnakeModel>).

¹To whom correspondence should be addressed. Email: daniel.goldman@physics.gatech.edu.

This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1808675116/-DCSupplemental.

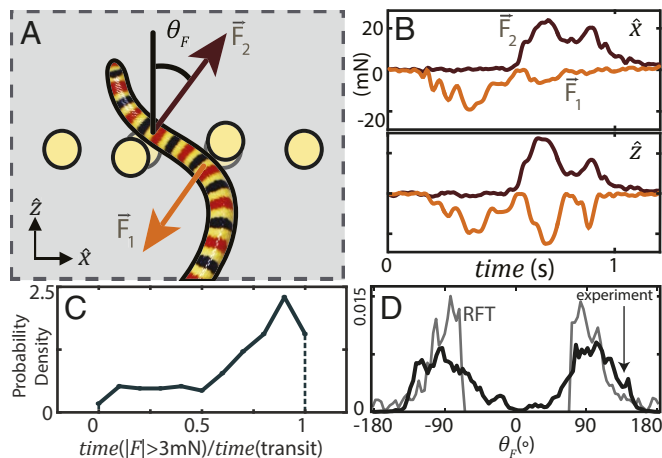


Fig. 4. Pattern of forces during transit through array. (A) θ_F is the angle between \vec{F}_{post} and \hat{z} . Reaction forces $\vec{F}_{1,2}$ were measured using post deflections (*Materials and Methods*). Diagram is not to scale. (B) Example post forces in \hat{x} (top) and \hat{z} (bottom). The animal in this trial contacted a post on both its right (orange, \vec{F}_1) and left (red, \vec{F}_2). (C) Compare the force contact time—the total time in a trial the force magnitude $|\vec{F}|$ was above a threshold of 3 mN—to the transit time—the time between when the first tracked point first reaches the array to the last tracked point exiting ($n = 233$, $N = 8$). A value of 1 indicates the snake experienced force ≥ 3 mN for the duration of the time it was passing the posts. (D) θ_F measured in experiment (black) and predicted by RFT (gray) ($n = 194$, $N = 8$, 28497 total measurements).

Undulating and Buckling Model. We previously observed “mechanical diffraction” patterns in an open-loop snake robot which was rigidly rotated to certain θ during interaction with posts (32). We hypothesized that mechanical diffraction in the animals could arise from adherence to a serpenoid self-deformation pattern which passively buckled in response to external forcing by the posts.

We developed a model to explore the outcome of our hypothesized strategy. Previous models of elongate, undulatory animals calculated the acceleration of body segments using internal forces, such as muscle activation and viscosity of the viscera, and external forces, like friction of the scales, discrete posts, or fluids (19, 33, 34). Rather than use a dynamical model of our system, we chose to develop a purely geometric model which allowed us to focus on the contribution and consequences of the hypothesized strategy.

We bypassed the complexity of the interaction between the spatially extended body, the substrate, and the post by assuming forces between the body and the substrate were such that the snake propagated with no slip and the body was buckled by the post the minimum amount necessary to prevent overlap. The position of each segment was prescribed at each time based on these assumptions (35) (*SI Appendix*).

During terrestrial lateral undulation snakes self-deform using waves of unilateral activation of the epaxial muscles (36). Thus, we assumed passive body buckling would occur at those locations on the waveform where the shape change would further shorten active muscle segments (37). We dictated the model κ changed at a “preferred buckling” location, s_{buckle} , determined by this muscle activation pattern (Fig. 6A).

When the model snake contacted a post, curvature at s_{buckle} was set to the predetermined absolute maximum value of $\kappa_{\text{abs}} = 50 \text{ m}^{-1}$ (nominal amplitude 25 m^{-1}) over as many segments necessary to solve the constraint (Movie S4), leading to a pulse of high curvature like that observed in the snake wall-collision trials (Fig. 6B, *Inset*). Given the assumption that the body was passively deformed by external forces, the modified waveform

was passed down the body at the wave speed. In both the model and the biological snake, interactions with each post were independent.

We initiated the model trajectories at 700 locations encompassing all possible interactions (*SI Appendix, Fig. S8A*). Like *C. occipitalis*, the model trajectories were spread by the array interaction (Fig. 6B), either continuing approximately along \hat{z} or at an angle $\theta = \pm 22.0 \pm 7.0^\circ$ (Fig. 6C). There was a relationship between the initial conditions and the scattering angle, suggesting this system is deterministic (*SI Appendix, Fig. S8D*).

The location and relative prominence of the peaks depended on the geometric parameters. We defined $R_{\text{buckle}} = (\kappa_{\text{abs}} r_{\text{post}})^{-1}$ and $D_{\text{buckle}} = s_{\text{max}} r_{\text{post}}^{-1}$, where $s_{\text{max}} = \frac{L}{2\xi}$ was the largest possible value of s_{buckle} . In the model we used the same $d = 23$ mm as in the snake experiment but increased post radius to $r_{\text{post}} = 10$ mm as the model was infinitesimally thin. We used $R_{\text{buckle}} = 4.1$ and $D_{\text{buckle}} = 20$ in the model. These parameters were comparable to the average snake values of $R_{\text{buckle}} = 3.5 \pm 0.4$ [mean and range estimated using both the wall trials and an anesthetized snake (38)] and $D_{\text{buckle}} = 31.8 \pm 3.1$. This combination of parameters yielded the same distribution of post contacts as in experiment (Fig. 6C, *Inset* and *SI Appendix, Fig. S104*).

Inspired by the effect of slit width on diffraction patterns, we used the purely deterministic model to examine θ_q , the spread of the distribution, as R_{buckle} and d varied. We found as R_{buckle} increased θ_q decreased (Fig. 6D). Increasing R_{buckle} meant that more segments were involved in buckling to bypass the post, effectively increasing s_{buckle} and requiring less angular deflection of the trajectory (as seen in Fig. 7B).

Similar to diffraction of fluids or subatomic particles, θ_q decreased as d increased (Fig. 6E). When freely moving, the maximum angle the body made relative to \hat{z} was $\phi_o = 45.6^\circ$. At $d = 23$ mm the maximum angle the body could make between the posts was $\phi_p = 29.6^\circ$ and θ was determined primarily by the wave phase at contact (*SI Appendix, Fig. S8D, Top*). In contrast, when $d = 50$ mm $\phi_p = 66^\circ$, the model never contacted more than one post in a trial, and the impact location on the post was influential (*SI Appendix, Fig. S8D, Bottom*). We rationalized that for small spacings there was a greater probability the body had to reorient to match ϕ_p regardless of the initial contact location. As ϕ_p became larger than ϕ_o the wave always “fit between” the

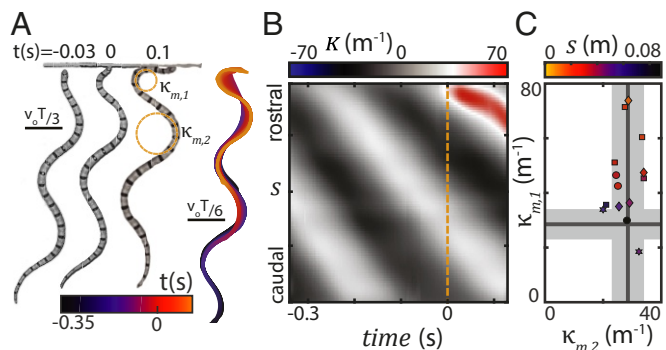


Fig. 5. Localized deformations arose from collisions. (A) Three snapshots from experiment at the times indicated and the digitized midlines at all times, indicated by color. Dashed orange circles indicate where $\kappa_{m,1}$ and $\kappa_{m,2}$ in C were measured. (B) Space–time plot of κ for the trial in A. The snout first contacts the wall at time $t = 0$ indicated by the dashed orange line. (C) Maximum curvature of the bend closest to the wall, $\kappa_{m,1}$, versus that of the second closest, $\kappa_{m,2}$, as illustrated in A. Lines and gray area are the mean and SD of the nominal κ_m measured when the snake is not in contact with the wall. $\kappa_{m,1}$ increased above the average value during contact with the obstacle to a value related to s measured at first contact, indicated by color.

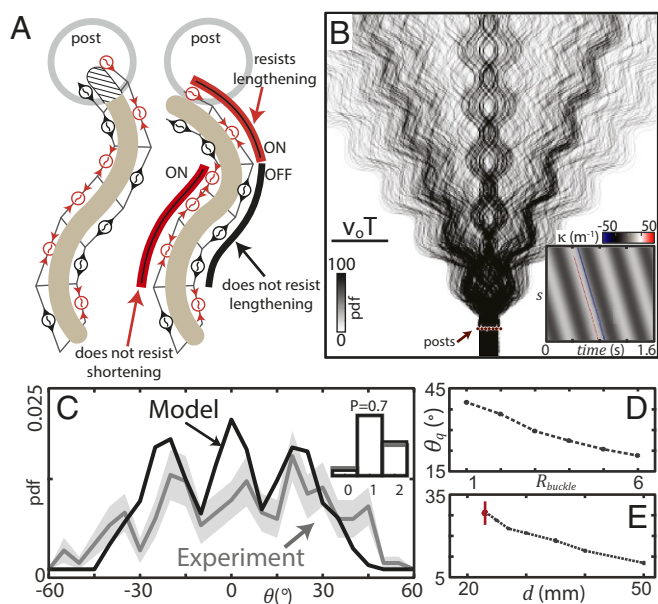


Fig. 6. Mechanical diffraction arises from open-loop control and passive dynamics. (A) Cartoon diagram of snake muscle activation. Red units are actively shortening while black units are passively lengthening, as indicated by the arrows on the units. (Left) Example of a nominal shape which violates the post constraint, indicated by the hashed area. (Right) The model solution which moved the head out of the post by increasing curvature toward red muscle units. The buckling location depends on wave phase and post contact location (*SI Appendix, Fig. S8 B and C*). (B) Probability density of model trajectories. (Inset) Space-time plot of κ for a trial where the model snake contacted two posts. Red/blue bands are the large κ buckling occurring at collision. (C) Probability density of θ measured from experiment (gray curve, $n = 194$, $N = 8$) and model (black curve, $n = 700$). Filled areas are SD estimated using bootstrapping; for the model this is ≈ 1 line width. (D) θ_q as a function of R_{buckle} , d fixed. θ_q is the average of the 15th and 85th quantiles of the scattering distribution. Vertical bars are the SD of these two values. The deviation is small, reflecting the symmetry of the distributions. (E) θ_q versus d , R_{buckle} fixed. Black circles and dashed lines are from the model; red marker is from experiment ($n = 194$, $N = 8$).

posts and θ were dominated by the trajectory deflection around the initially contacted post. Further, as d increased more trials transited the posts without contact, increasing the signal at $\theta = 0$ and moving θ_q inward.

Ray Model. To gain insight into the fundamental interactions governing snake reorientation we developed a simplified analytical description: we represented the traveling wave as a “ray”; the limiting case of the serpenoid curve (sinusoidal κ) as $\kappa_m \rightarrow 0$. The ray interacted with the post following rules on buckling locations and the bending limit derived from the buckling model and experimental measurements, respectively. Such a reduced approach is beneficial in simplifying calculations for scattering in wave systems [e.g., specular scattering of light (39)].

For the current study, we focused on understanding interactions with a single post. While we were not able to perform the snake experiments for a single post due to the low probability of the animal’s contacting an obstacle, using the undulating model we noted that the width and peak locations in the distribution of θ were comparable to the multipost case (*SI Appendix, Fig. S9C*). The most noticeable difference was the higher central peak relative to the side lobes, likely because the addition of multiple posts remapped trajectories that would have had small-scatter collisions with the single post to collisions which resulted in larger angles (32).

We calculated the distribution of scattering angles for rays initially parallel to \hat{z} which bent to κ_{abs} at location s_{buckle} to solve the post constraint (Fig. 7A). The predicted distribution agreed well with that calculated using the undulating model for a single post (Fig. 7B). Scattering angles from head-buckle ($s_{\text{buckle}} = 0$, Fig. 7A, Left) trajectories rose from zero probability at $\theta = 0$ to a maximum value set by $\theta_{\text{max}} = \cos^{-1}(\frac{\kappa_{\text{abs}}^{-1}}{(\kappa_{\text{abs}}^{-1} + r_{\text{post}})})$ before dropping off, yielding the secondary peaks. The central peak was primarily trajectories which buckled at locations $s_{\text{buckle}} > 0$ (Fig. 7A, Right).

The agreement between the ray model and the more complicated undulating model suggested that the features of the scattering pattern were more dependent on the physiological constraints (bending limit and a spatially extended body) than the periodic waveform. Future work could include extending the ray model to include multiple posts.

Conclusions

Our surprising discovery of a mechanical diffraction pattern arising from interaction between a sand-specialist snake and multicomponent terrain revealed the benefit of passive mechanics in negotiating collisions in limbless systems. We used a geometric model to show that the reorientation pattern was reproduced by an open-loop control strategy wherein the motor program continued unaltered during unexpected collision with the posts while unilateral muscle activation allowed the body to passively buckle around obstacles. A ray model provided insight into the fundamental mechanisms behind the diffraction, implicating that the existence of preferred buckling locations on an extended body, engendered in our case by the unilateral muscle activity pattern, caused trajectories to scatter nonuniformly off of a post.

Our work provides a starting point for disentangling the role of mechanics and active control in limbless terrestrial systems; testing hypotheses for neuromechanical control in a frame as suggested by ref. 40 would be illuminating in this regard. The use of mechanical structure to supplement open-loop control has been largely studied in rapidly moving legged animals (9, 14) and used to simplify control in bipedal and sprawled-posture robots (41, 42). This work suggests that passive mechanisms are quite general, and such strategies could be useful in the next generation of limbless robots where the control paradigm has

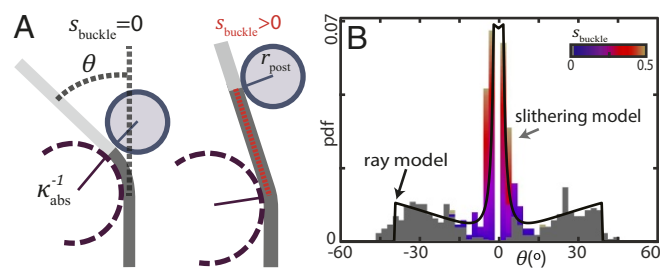


Fig. 7. Ray model reproduces single-post scattering pattern. (A, Left) A ray bends at $s_{\text{buckle}} = 0$ to avoid overlapping the post (solid circle). κ_{abs} is the maximum radius of curvature and r_{post} is the post radius. $s_{\text{buckle}} = 0$ in 50% of trajectories; the ray buckles at the point of post contact. (A, Right) The other 50% of trajectories have a value of s_{buckle} equally distributed on the interval $(0, s_{\text{max}}]$ (*SI Appendix, Fig. S9A*). (B) Distribution of θ calculated for a single post using the ray model prediction (black curve) and the undulating model (colored bars, $n = 579$, including only trials which contacted the post). Colors represent the buckling location s_{buckle} in the trial which scattered to that angle. $R_{\text{buckle}} = 3.5$ and $D_{\text{buckle}} = 31.8$ in both models. The undulating model algorithm limited the smallest possible scattering angle to $\pm 1.3^\circ$, resulting in the gap around $\theta = 0^\circ$ (*SI Appendix*).

been closed-loop tracking of joint trajectories (43). However, future work is needed to determine when this strategy is not appropriate (e.g., terrains with more dense obstacles or even certain waveform/obstacle combinations).

Finally, we comment on our results in the context of the emerging field of active matter and collisions which do not conserve momentum (44). Our biological mechanical diffraction mimics phenomena found in subatomic systems; this is part of a growing realization that active collisions are a fertile source of interesting dynamics from mechanical diffraction in a robot (32) and scattering of microorganisms off walls (45, 46) to shape-induced reorientation of a cockroach (8). We posit that a framework which takes inspiration and tools from diverse systems will broaden understanding of principles of heterogeneous interaction in self-propelled systems across scales.

Materials and Methods

All codes and datasets are available at smartech.gatech.edu.

Snake Experiments. All *C. occipitalis* were collected in accordance with scientific collection permits (nos. SP790952, SP625775, and SP666119) approved by the Arizona Game and Fish Department. All snake experiments were conducted under the Georgia Institute of Technology IACUC protocols A14066 and A14067. Snakes were set in the arena and once they began moving were not contacted during a trial. Temperature in the testing and holding area was maintained at $27.2 \pm 0.6^\circ \text{C}$. All reported values are mean \pm SD unless otherwise indicated.

Bootstrapping. We used bootstrapping to estimate the importance of the features observed in the θ histograms. Using θ measured in 194 trials we generated 10,000 distributions using random resampling with replacement. We counted how many times the three central peaks and two central valleys were present in the distribution by searching for features of prominence at least 0.004 (smallest prominence in the real distribution = 0.0052) occurring on the interval between its neighboring features. Peak locations, determined by their locations in the distribution were $[-30, 10]^\circ$, $[-10, 15]^\circ$, and $[15, 35]^\circ$ and valleys were $[-20, 5]^\circ$ and $[5, 20]^\circ$. The same procedure was used to count the three peaks in the distribution without posts with peak locations at $[-30, -5]^\circ$, $[-5, 10]^\circ$, and $[10, 35]^\circ$ and valleys were $[-10, 5]^\circ$ and $[5, 15]^\circ$.

Force-Sensitive Posts. The theoretical prediction for force, F , as a function of peg tip deflection, δ , is $F = \frac{3E\pi r^4}{2a^3(9\frac{L_{\text{post}}}{a} - 5)}\delta$. $L_{\text{post}} = 7 \text{ cm}$, $a = 2.81 \text{ cm}$ is the height of applied force measured from base, Young's modulus $E = 5.7 \pm 0.6 \text{ MPa}$. Peg tip deflection δ was measured from the high-speed video. Post deformations were small compared with snake length scales (3-mm deflection at tip for a load of 0.050 N at $a = 2.7 \text{ cm}$). Uncertainty due to variation in a was $< 10\%$ (SI Appendix, Fig. S3C). Relative movement between the arena and the camera was corrected using the fiducial post.

ACKNOWLEDGMENTS. We thank Joseph R. Mendelson III, Sarah Bowling, and the reviewers, whose input improved this manuscript. This work was supported by NSF Grants PoLS PHY-1205878, PHY-1150760, and CMMI-1361778; Army Research Office Grant W911NF-11-1-0514; US Department of Defense, National Defense Science and Engineering Graduate Fellowship 32 CFR 168a and Georgia Tech Southeast Center for Mathematics and Biology (to P.E.S.); Dunn Family Professorship (D.I.G.); and a Defense Advanced Research Projects Agency Young Faculty Award.

- Berman GJ (2018) Measuring behavior across scales. *BMC Biol* 16:23.
- Alexander RM (2003) *Principles of Animal Locomotion* (Princeton Univ Press, Princeton).
- Cowan NJ, et al. (2014) Feedback control as a framework for understanding tradeoffs in biology. *Integr Comp Biol* 54:223–237.
- Goldman DI (2014) Colloquium: Biophysical principles of undulatory self-propulsion in granular media. *Rev Mod Phys* 86:943–958.
- Lauga E, Powers TR (2009) The hydrodynamics of swimming microorganisms. *Rep Prog Phys* 72:096601.
- Holmes P, Full RJ, Koditschek D, Guckenheimer J (2006) The dynamics of legged locomotion: Models, analyses, and challenges. *SIAM Rev* 48:207–304.
- Majumdar T, Keaveny EE, Zhang J, Shelley MJ (2012) Experiments and theory of undulatory locomotion in a simple structured medium. *J R Soc Interface* 9:1809–1823.
- Chen L, et al. (2015) Terradynamically streamlined shapes in animals and robots enhance traversability through densely cluttered terrain. *Bioinspir Biomim* 10:046003.
- Sponberg S, Full RJ (2008) Neuromechanical response of musculo-skeletal structures in cockroaches during rapid running on rough terrain. *J Exp Biol* 211:433–446.
- Nishikawa K, et al. (2007) Neuromechanics: An integrative approach for understanding motor control. *Integr Comp Biol* 47:16–54.
- Koditschek DE, Full RJ, Buehler M (2004) Mechanical aspects of legged locomotion control. *Arthropod Struct Dev* 33:251–272.
- Ayali A, et al. (2015) The comparative investigation of the stick insect and cockroach models in the study of insect locomotion. *Curr Opin Insect Sci* 12:1–10.
- Pearson KG, Franklin R (1984) Characteristics of leg movements and patterns of coordination in locusts walking on rough terrain. *Int J Robotics Res* 3:101–112.
- Jayaram K, et al. (2018) Transition by head-on collision: Mechanically mediated manoeuvres in cockroaches and small robots. *J R Soc Interface* 15:20170664.
- Liao JC (2007) A review of fish swimming mechanics and behaviour in altered flows. *Philos Trans R Soc B* 362:1973–1993.
- Moon BR, Gans C (1998) Kinematics, muscular activity and propulsion in gopher snakes. *J Exp Biol* 201:2669–2684.
- Gans C (1975) Tetrapod limblessness: Evolution and functional corollaries. *Amer Zool* 15:455–467.
- Mosauer W (1933) Locomotion and diurnal range of *Sonora occipitalis*, *Crotalus cerastes*, and *Crotalus atrox* as seen from their tracks. *Copeia* 1933:14–16.
- Hu DL, Nirody J, Scott T, Shelley MJ (2009) The mechanics of slithering locomotion. *Proc Natl Acad Sci USA* 106:10081–10085.
- Marvi H, et al. (2014) Sidewinding with minimal slip: Snake and robot ascent of sandy slopes. *Science* 346:224–229.
- Kelley KC, Arnold SJ, Gladstone J (1997) The effects of substrate and vertebral number on locomotion in the garter snake *Thamnophis elegans*. *Funct Ecol* 11:189–198.
- Wen Q, et al. (2012) Proprioceptive coupling within motor neurons drives *C. elegans* forward locomotion. *Neuron* 76:750–761.
- Landau LD, Lifshitz EM (1976) Course of Theoretical Physics. *Mechanics* (Butterworth-Heinemann, Burlington, MA), Vol 16, 3rd Ed.
- Astley HC, et al. (2015) Modulation of orthogonal body waves enables high maneuverability in sidewinding locomotion. *Proc Natl Acad Sci USA* 112:6200–6205.
- Stephens GJ, Johnson-Kerner B, Bialek W, Ryu WS (2008) Dimensionality and dynamics in the behavior of *C. elegans*. *PLoS Comput Biol* 4:e1000028.
- Hirose S (1993) *Biologically Inspired Robots: Serpentine Locomotors and Manipulators* (Oxford Univ Press, Oxford).
- Schiebel PE, et al. (2019) Data from “Tracked data for *Chionactis occipitalis* through a post array.” SMARTech. Available at hdl.handle.net/1853/60847. Deposited January 25, 2019.
- Schiebel P, et al. (2018) Mechanics of undulatory swimming on the surface of granular matter. Available at meetings.aps.org/Meeting/DFD18/Session/L06.4 (abstr).
- Schiebel PE, et al. (2019) Data from “SnakeScattering.” GitHub. Available at <https://github.com/PerrinESchiebel/SnakeScattering>. Deposited January 25, 2019.
- Zhang T, Goldman DI (2014) The effectiveness of resistive force theory in granular locomotion. *Phys Fluids* 26:101308.
- Ye C, Ma S, Li B, Wang Y (2004) Turning and side motion of snake-like robot. *Proceedings of the IEEE International Conference on Robotics and Automation*, (IEEE, Piscataway, NJ), Vol 5, pp 5075–5080.
- Rieser JM, et al. (2019) Dynamics of scattering in undulatory active collisions. *Phys Rev E* 99:022606.
- Guo ZV, Mahadevan L (2008) Limbless undulatory propulsion on land. *Proc Natl Acad Sci USA* 105:3179–3184.
- Tytell ED, Hsu C-Y, Williams TL, Cohen AH, Fauci LJ (2010) Interactions between internal forces, body stiffness, and fluid environment in a neuromechanical model of lamprey swimming. *Proc Natl Acad Sci USA* 107:19832–19837.
- Schiebel PE, et al. (2019) Data from “MatlabSnakeModel.” GitHub. Available at <https://github.com/PerrinESchiebel/MatlabSnakeModel>. Deposited January 25, 2019.
- Jayne BC (1988) Muscular mechanisms of snake locomotion: An electromyographic study of lateral undulation of the Florida banded water snake (*Nerodia fasciata*) and the yellow rat snake (*Elaphe obsoleta*). *J Morphol* 197:159–181.
- Astley HC, Mendelson JR, Goldman DJ (2017) Side-impact collision: Obstacle negotiation mechanics in sidewinding snakes. *Integr Comp Biol* 57:E196.
- Sharpe SS, et al. (2015) Locomotor benefits of being a slender and slick sand swimmer. *J Exp Biol* 218:440–450.
- Griffiths DJ (1962) *Introduction to Electrodynamics* (Prentice Hall, Upper Saddle River, NJ).
- Revzen S, Guckenheimer JM (2012) Finding the dimension of slow dynamics in a rhythmic system. *J R Soc Interface* 9:957–971.
- McGeer T (1990) Passive dynamic walking. *Int J Rob Res* 9:62–82.
- Saranli U, Buehler M, Koditschek DE (2001) RHex: A simple and highly mobile hexapod robot. *Int J Rob Res* 20:616–631.
- Liljebäck P, Pettersen KY, Staudahl O, Gradvahl JT (2012) A review on modelling, implementation, and control of snake robots. *Rob Auton Syst* 60:29–40.
- Marchetti MC, et al. (2013) Hydrodynamics of soft active matter. *Rev Mod Phys* 85:1143–1189.
- Drescher K, Dunkel J, Cisneros LH, Ganguly S, Goldstein RE (2011) Fluid dynamics and noise in bacterial cell-cell and cell-surface scattering. *Proc Natl Acad Sci USA* 108:10940–10945.
- Kantsler V, Dunkel J, Polin M, Goldstein RE (2013) Ciliary contact interactions dominate surface scattering of swimming eukaryotes. *Proc Natl Acad Sci USA* 110:1187–1192.